

Teletherapy and the Pandemic



What impact has the COVID-19 pandemic had on the use of teletherapy in the mental health space?



Which video platforms are mental health professionals leveraging most often for their teletherapy sessions?



What do providers and consumers think about the effectiveness of teletherapy?



What role does insurance reimbursement play in the utilization of teletherapy?



What do providers and consumers think about the future of teletherapy?